

Applying Carbon-14 Dating to Recent Human Remains

by Philip Bulman with Danielle McLeod-Henning

Measuring carbon-14 levels in human tissue could help forensic scientists determine age and year of death in cases involving unidentified human remains.

> rchaeologists have long used carbon-14 dating (also known as radiocarbon dating) to estimate the age of certain objects. Traditional radiocarbon dating is applied to organic remains between 500 and 50,000 years old and exploits the fact that trace amounts of radioactive carbon are found in the natural environment. Now, new applications for the technique are emerging in forensics, thanks to research funded by NIJ and other organizations. In recent years, forensic scientists have started to apply carbon-14 dating to cases in which law enforcement agencies hope to find out the age of a skeleton or other unidentified human remains.

The new method is based on the fact that over the past 60 years, environmental levels of radiocarbon

have been significantly perturbed by mid-20th-century episodes of above-ground nuclear weapons testing. Before the nuclear age, the amount of radiocarbon in the environment varied little in the span of a century. In contrast, from 1955 to 1963, atmospheric radiocarbon levels almost doubled. Since then they have been dropping back toward natural levels. Over the past six decades, the amount of radiocarbon in people or their remains depends heavily on when they were born or, more precisely, when their tissues were formed.

Forensic anthropologists at The University of Arizona took advantage of this fact in a recent study funded by NIJ. The researchers wanted to find out if they could identify a person's year of birth or year of



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What Is Carbon Dating?

tandard carbon-14 testing, as used by archaeologists, is based on the natural process of radioactive carbon formation that results from cosmic ray bombardment of nitrogen in the earth's upper atmosphere. The radioactive carbon is taken from the atmosphere and incorporated into plant tissues by plant photosynthesis. It is then incorporated into all living organisms by means of the food chain. After an organism dies, its level of carbon-14 gradually declines at a predictable pace, with a half-life of about 5,730 years. Archaeologists precisely measure levels of the isotope in organic remains. Knowing the halflife, they back calculate how much time must have passed since the remains had levels identical to living organisms. Radiocarbon measurement can date organic remains up to about 50,000 years old. Objects younger than 500 years old are rarely radiocarbon dated. Natural and anthropogenic fluctuations in environmental radiocarbon levels mean that organisms living in different centuries within the past 500 years can have identical radiocarbon contents.

Forensic scientists use carbon-14 measurement in a subtly different manner. A large increase in atmospheric carbon-14 occurred when the United States and several other countries tested nuclear weapons aboveground during the 1950s and 1960s (see Figure 1). The Nuclear Test-Ban Treaty of 1963 effectively ended the era of atmospheric testing for most nuclear powers. Since then, atmospheric carbon-14 levels have been declining as the radiocarbon is soaked up by the oceans and



The radiocarbon levels are expressed in terms of Fraction Modern (FM), where 1.0 FM represents the level of atmospheric radiocarbon in 1950 A.D. without anthropogenic influence. Archaeological material 5,730 years or one half-life old contains 0.5 FM radiocarbon by definition; two half-lives, 0.25 FM, etc. The scale is used for expressing recent radiocarbon measurements because 1950 A.D. was selected as the "zero year" by convention. Using FM avoids the paradox of expressing radiocarbon dates from the past 60 years in terms of negative years. The curve is a composite of data sets from Stuiver et al.¹ and Levin and Kromer,² and it has been annually smoothed.

the biosphere. The radiocarbon created by the thermonuclear explosions is identical to naturally created radiocarbon, and its route into plant and animal tissues is the same. It has resulted in artificially high levels of carbon-14 in plants and animals living in the past 60 years.

The forensic use of carbon-14 measurement does not rely on the slow decay process. Instead, tissue carbon-14 levels are directly compared to levels in a rapidly changing atmosphere. Using biological knowledge of the timing of a particular tissue's formation, one calculates the year of birth or death of the organism from which the tissue was derived.

Notes

- Stuiver, Minze, Paula J. Reimer, Edouard Bard, J. Warren Beck, G.S. Burr, Konrad A. Hughen, Bernd Kromer, Gerry McCormac, Johannes Van Der Plicht, and Marco Spurk, "INTCAL98 Radiocarbon Age Calibration, 24,000-0 cal BP," *Radiocarbon* 40 (1998): 1041-1083.
- Levin, Ingeborg, and Bernd Kromer, "The Tropospheric ¹⁴CO₂ Level in Mid-latitudes of the Northern Hemisphere (1959-2003)," *Radiocarbon* 46 (2004): 1261-1272.

death using precise measurements of carbon-14 levels in different postmortem tissues. They measured carbon-14 levels in various tissues from 36 humans whose birth and death dates were known.

To determine year of birth, the researchers focused on tooth enamel. Adult teeth are formed at known intervals during childhood. The researchers found that if they assumed tooth enamel radiocarbon content to be determined by the atmospheric level at the time the tooth was formed, then they could deduce the year of birth. They found that for teeth formed after 1965, enamel radiocarbon content predicted year of birth within 1.5 years. Radiocarbon levels in teeth formed before then contained less radiocarbon than expected, so when applied to teeth formed during that period, the method was less precise.

To determine year of death, the researchers used radiocarbon levels in soft tissues. Unlike tooth enamel, soft tissues are constantly being made and remade during life. Thus, their radiocarbon levels mirror those in the changing environment. The researchers found that certain soft tissues — notably blood, nails and Over the past six decades, the amount of radiocarbon in people depends heavily on when their tissues were formed.

hair — had radiocarbon levels identical to the contemporary atmosphere. Therefore, the radiocarbon level in those tissues post-mortem would indicate the year of death. The researchers found that year-of-death determinations based on nails were accurate to within three years.

The generally poor post-mortem preservation of soft tissues would be a limiting factor to this approach. However, the researchers suggested that soft tissue radiocarbon content would be transferred to, and preserved in, the pupal cases of insects whose larvae feed on these tissues. Such insects are simply another link in the food chain. Thus, pupal case radiocarbon content would serve as a decay-resistant proxy for the tissues, yielding the year of death. The spike in atmospheric carbon-14 levels during the 1950s and early 1960s makes this approach possible, but it also means it will have a limited period of utility because the amount of carbon-14 in the atmosphere is slowly returning to its natural level. Barring any future nuclear detonations, this method should continue to be useful for year-of-birth determinations for people born during the next 10 or 20 years. Everyone born after that would be expected to have the same level of carbon-14 that prevailed before the nuclear testing era.

All the people whose tissues were tested for the study were residents of the United States. Atmospheric dispersion tends to create uniform levels of carbon-14 around the globe, and researchers believe that these would be reflected in human tissues regardless of location. However, more testing is needed to confirm that belief.

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For more information:

Read the full report: Hodgins, Gregory W. L., "Measuring Atomic Bomb-Derived 14C Levels in Human Remains to Determine Year of Birth and/or Year of Death," Final report to the National Institute of Justice, grant number 2005-IJ-CX-K013, August 2009, NCJ 227839, available at https://www.ncjrs. gov/pdffiles1/nij/grants/227839.pdf.